

Cooking School Recipes Contain All Ingredients for Compliments

State Tax Collections Higher; Deficit Grows

SACRAMENTO (U.P.)—Tax collections for the state general fund were 10 percent higher during the last three months than in the same period of 1939, State Controller Harry B. Riley reported today.

Despite the increasing revenue, however, the state still is spending money faster than it comes in, the controller noted. The cash deficiency at the close of the quarter ended September 30 was \$68,854,082, an increase of \$20,253,413 in 12 months.

Range, Refrigerator Bids Considered for Harbor Hills Project

Bids for furnishing 302 ranges and 320 automatic refrigerators for the Harbor Hills housing project above Lomita were under submission this week by the County Housing Authority.

The harbor hills project is nearing completion, at Western avenue and Palos Verdes drive, south of Lomita. Tenants still are being selected for the Authority's first project, Carmelitos, at North Long Beach.

Chop Suey Offers Novel Home Dinner Treat for Family



Put aside that worry as to what to serve tonight. Try this suggestion if the same old things keep popping up in your mind. Chop Suey is loved by all appetites, young, old, jaded, ravenous. And well this may be, for they say we like the things our bodies need.

In Chop Suey or Chow Mein you will find domestic Chinese vegetables combined in a most appetizing and beneficial form; wholesome meat or seafood mixed enticingly with wholesome delicacies. These dishes are low in calories and therefore not particularly fattening, but essential vitamins are present in energy building quantities. Dietetic authorities say these well-balanced foods supply needed vitamins, minerals and carbohydrates—and, of course, everybody knows Chop Suey is notoriously easy to digest.

Best of all, Chop Suey or Chow Mein may be easily and quickly prepared at home. The genuine LaChoy ingredients assure the flavor and texture common to genuine Chinese dishes. Your grocer has the prepared and ready-to-heat and eat LaChoy or Chop Suey and Chow Mein Noodles. Or you can make your own Chop Suey or Chow Mein with either LaChoy Sprouts or LaChoy mixed vegetables. The recipes on the cans mention fresh meats, but you can, of course, substitute leftovers. Season with LaChoy Sauce for the final touch of goodness.

Miss Gilbert's Demonstrated Dishes Are Reported in Detail

There's many a fine dish (productive of many compliments for the cook, too!) contained in the following recipes which were prepared and cooked for the instruction of hundreds of women at The "Torrance Herald-Lomita News free 'Happy Kitchen Cooking School'" at the Torrance Civic Auditorium yesterday. More will be present there tonight at 8 o'clock and Friday at 1:30 p. m. Miss Kay Gilbert, the instructor, demonstrated these fine foods yesterday:

BEEF BRISKET AND SAUCES

- 1/2 pound beef brisket
- 1 carrot, diced
- 1 onion, diced
- Peppercorns
- Salt
- 1 egg
- Weber bread crumbs

Cover brisket with boiling water, add diced vegetables, salt, cloves and peppercorns. Simmer gently, about 3 hours, or until tender. Remove from liquid and place in shallow pan. Beat egg slightly, spread over brisket and sprinkle with bread crumbs. Brown in hot oven. Serve with meat sauce.

GRAVY MASTER

Remove meat, strain broth and add half teaspoon Gravy Master for each cup of broth. Return to fire and bring to a boil. Add flour or cornstarch thickening until desired consistency. Gravy Master adds a delectable flavor and insures a brown gravy every time.

MADONNA BARBECUE SAUCE

- 1 medium onion
 - 2 tablespoons Crisco
 - 2 tablespoons vinegar
 - 2 tablespoons brown sugar
 - 2 cans Madonna tomato paste
 - 1 can Bell's chopped olives
 - 3 tablespoons Worcestershire sauce
 - 1/2 tablespoon Ben Hur prepared mustard
 - 1/2 cup water
 - 1/2 cup chopped parsley
 - Salt
 - Cayenne pepper
- Brown onion in Crisco. Add remaining ingredients. Simmer 30 minutes.

APPLE AND HORSE RADISH SAUCE

- 2 tablespoons vinegar
- 3 apples
- 2 tablespoons horseradish
- 2 teaspoons California Beet sugar

Grate the peeled apples into vinegar and blend at once so apples will remain white. Add grated horseradish and sugar.

BROILED OL' FASHION BRAND BACON TIDBITS

- 1-Split wieners or frankfurters and spread with Madonna Barbecue Sauce. Place halves together and wrap bacon around each spiral wise. Broil until bacon is crisp, turning often.
- 2-Remove crusts from Weber bread slices. Spread with preferred cheese mixed with Bell's chopped olives, or cold meat and roll. Form spiral of bacon around each and broil.
- 3-Bananas also make delicious centers for bacon spirals.

WILSON'S TENDERMEAT HAM CURRY AND RICE

- 1/2 cup Crisco
- 3 onions
- 6 Ben Hur cloves
- 1/4 teaspoon thyme
- 3 hard boiled eggs
- 1/4 teaspoon salt
- 1 tablespoon Ben Hur powdered curry
- 2 cups soup stock
- 2 egg yolks
- 1 cup cocoanut cream

Chop onions fine and brown in Crisco, add cloves and thyme, cook 10 minutes. Add salt and curry powder and mix thoroughly. Add stock and cook 20 minutes. Beat egg yolk lightly with the cream and add to sauce. Mix well, but do not boil again. Strain. Add chopped hard boiled eggs. Keep hot but do not boil. Serve in rice ring over which

baked or broiled ham is shredded.

- Condiments to serve in side dish:
- Chopped peanuts (husk removed)
- Diced Wilson's Ol' Fashion brand bacon (cooked)
- Chopped white of egg
- Chopped yolk of egg
- Chopped candied ginger
- Grated cocoanut
- Mango chutney

*Cocoanut cream is made from fresh cocoanut as follows: Grind cocoanut with fine grinder and place in cloth bag. Pour over enough boiling water to barely cover. Let stand 10 minutes, then squeeze out cream. Second (or milk) extraction. Repeat above operation but let cocoanut stand one hour. Place in refrigerator until ready to use. The fat will rise and form a cake. Both the hard part and liquid are used.

BOILED RICE

Wash rice through several waters, until clear. Measure 1 cup rice to 2 cups cold water and place on high heat and bring to quick boil. If electric range is used, turn heat completely off and cook on stored stove heat for 20 minutes; otherwise simmer 20 minutes. Important—must be cooked in pan with tight fitting lid and do not raise the lid during cooking or until ready to serve.

NONALEI PUDDING

- Mix together:
 - 1 cup grated cocoanut (fresh or packaged)
 - 1/2 cup Weber bread crumbs
 - 3 tablespoons melted butter
 - 1 cup Mayfair Homogenized milk
 - 1 cup dates—shredded
 - 2 well beaten egg yolks
 - 1 teaspoon Ben Hur vanilla
- Bake at 350 degrees for 30 minutes in baking dish set in hot water. Remove from oven. Spread with Del Monte crushed pineapple which has been drained and top with meringue made with 2 whites beaten stiff to which 4 tablespoons sugar has been added. Return to oven and brown lightly. Reduce temperature of oven to 300 degrees. This pudding may be steamed in Thrift cooker.

JAPANESE SUKIYAKI (Beef with Vegetables)

- (Yield: 4 Portions)
- 1/2 cup Crisco
- 3 bunches green onions (cut in 3-inch pieces)
- 4 stalks celery (cut in 3-inch thin strips, lengthwise)
- 1 can LaChoy bamboo shoots, drained (cut in thin strips)
- 1 1/2 cups soup stock or bouillon
- 1/2 cup LaChoy soy sauce
- 1 tablespoon California beet sugar
- 1 cake soy bean curd (cut into small pieces)
- 1/2 lb. fresh mushrooms (sliced thin)
- 1 lb. beef tenderloin or sirloin steak (cut in thin strips)

Heat Crisco in large skillet—place onions all together, in one side of skillet, then celery in other side of skillet. Mix soy sauce, sugar with 1/2 cup of soup stock and pour over onions and celery. Cook at a quick boil for five minutes without stirring. Push onions and celery to one side of pan, being careful not to "mush" vegetables. Add Bamboo shoots, soy bean curd and mushrooms, and remaining 1/2 cup stock. Cook over a low fire five minutes. Push these to other side of skillet. Cook the thin strips of steak quickly in center of skillet. Simmer all for two minutes. Serve at once with hot cooked rice.

FOUNDATION CAKE

- 1 cup Crisco
 - 2 cups California beet sugar
 - 4 eggs
 - 4 1/2 cups cake flour
 - 4 1/2 teaspoons KC baking powder
 - 1 teaspoon salt
 - 1 1/2 cups Mayfair homogenized milk
 - 2 teaspoons vanilla
- Sift flour and measure. Resift with baking powder and salt. Cream Crisco and sugar—add one egg at a time and beat until creamy mixture is light and fluffy. Add dry ingredients and milk alternately; being sure each addition is blended in smoothly before adding the next. Add vanilla and bake at 350 degrees. This batter may be kept in electric refrigerator several days and baked as layer cake, loaf

Cooking Instructor



MISS KAY GILBERT

her recipes at the Happy Kitchen Cooking School, now in progress at Torrance Civic Auditorium, are creating new interests around family tables.

Gas Companies Planning Merger

Reports of a proposed merger of Southern Counties Gas Company and Santa Maria Gas Company with Southern California Gas Company were confirmed late last week by G. W. Carbo, local gas company division manager, who said: "Managements of the three companies have before them a plan to combine Southern California Gas Company, Southern Counties Gas Company and Santa Maria Gas Company into a single operating unit, which will take the name of the Southern California Gas Company. This reorganization is subject to prior approval by the Railroad Commission of the State of California before it can be put into effect."

It is not expected this merger will have any effect on the operations of the companies involved. "For a number of years the three companies, operating under a common ownership, have been closely coordinated as to their policies and practices," Carbo said. "Consequently but few changes appear probable under the expected merger. The new arrangements are primarily for financial reasons."

The combined companies, if merged as planned, would have nearly one million individual active gas meters and would form one of the largest and strongest natural gas companies in the United States. At present Southern California Gas Company serves 783,000 customers, Southern Counties Gas Company serves 188,000 customers and Santa Maria Gas Company serves 11,000 customers.

CARS "ON THE GO"

The average speed of passenger cars on the public highways of the United States is 41.6 miles an hour. This figure was determined after nation-wide studies, conducted by the U. S. public roads administration.

L. A. Buys Land for Western Ave.

The Los Angeles city council late last week authorized the city real estate agent to open escrow and complete negotiations for acquisition of three parcels of land needed for improvement of Western avenue from 259th street to 261st street in Harbor City. Purchase price of the three parcels is \$963.41.

Negotiations for right-of-way to improve Western adjacent to Torrance will be opened shortly by the cities of Los Angeles and Torrance, it is reported. Another link in the projected improvement of the highway as a major artery to the harbor will be improvement of Western from 104th street to Imperial highway, which Los Angeles is now arranging.

Kip Indispensable As Fine Home Remedy

Favorite of Pacific Coast housewives for many years, Kip is a burn ointment that has many uses. Formerly known as Fyrol, Kip is recommended for many skin irritations, itching, externally caused rashes, and as a protective healing ointment for many cuts, scratches, stings, cold sores and other minor afflictions common to the average household. The product is being demonstrated at the Herald-News' Happy Kitchen Cooking School and is on sale at all drug stores.

The strike-breaking "industry" exists only in the U. S., according to Dr. Thomas Russell Fisher, associate professor of Syracuse university.

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17 PROPOSITIONS ON NOV. 5 BALLOT BRIEFLY DESCRIBED

SACRAMENTO (U.P.)—Following are brief descriptions of the 17 propositions to appear on the November general election ballot:

- No. 1 and No. 2—Similar measures cancelling all liens, mortgages and other encumbrances heretofore taken by counties as security for aid granted aged persons.
- No. 3—Permitting the legislature to reorganize the state's penal system.
- No. 4—Simplifying the procedure of making returns of election for governor and lieutenant-governor.
- No. 5—Providing for daylight saving time in California between the last Sunday in April and the last Sunday in September.
- No. 6—Providing for superior court review of rulings of administrative officers, boards and commissions.
- No. 7—Limiting jurisdiction of supreme court; increasing jurisdiction of district courts of appeal and authorizing legislature to create additional divisions and districts.
- No. 8—Creating a new fish and game commission of five members appointed by the governor with confirmation of the senate to serve staggered six-year terms; members subject to removal by majority vote of the legislature.
- No. 9—Exempting from local taxes until 1955 all vessels except yachts of more than 50 tons documented and operating from any port in California.
- No. 10—Revising procedure for construction of public improvements by cities and counties where cost is to be paid wholly or partially by special assessment.
- No. 11—Permitting state to own shares in mutual water companies to obtain water for state lands or institutions.
- No. 12—Empowering the legislature to create committees to operate between sessions.
- No. 13—Permitting sale of state park lands containing oil or gas deposits exceeding value of the lands for recreational purposes.
- No. 14—Authorizing apportionment to cities and counties certain revenues from motor vehicle and alcoholic beverage taxes.
- No. 15—Prohibiting city treasurers from making temporary transfers of funds from bond or utility funds.
- No. 16—Providing for annual, 60-day sessions of the legislature; allowing legislators expenses while attending sessions; requiring state budget to be prepared annually rather than biennially; limiting increase of general fund appropriations to five percent over preceding year.
- No. 17—Empowering legislature to authorize the state and public subdivisions to purchase insurance against personal liability of its officers.

FIND STOLEN CAR

A car stolen in San Pedro was found parked in the 1400 block on Amapola Monday afternoon. It was registered to Roy S. Packard of that city who claimed it after being informed of its whereabouts by local police.

New York City's department of sanitation operates 3,677 pieces of motor equipment.

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